

Meet the Challenge

at

Tahosa High Adventure Base

2019



PROJECT COPE – THE CHALLENGE AT CAMP TAHOSA 2019 REGISTRATION

- ❶ Must be 13 years old or older by June 1, 2019 to register!
- ❷ Registrations are accepted on a first come first serve basis.
- ❸ Each participant must have completed a registration and health history form 30 days prior to the start of the course.
- ❹ No refunds unless Director cancels course. Fees can be transferred to other participants.
- ❺ Return registration form to: Mary Ann Romero, Denver Area Council, Boy Scouts of America; 10455 W. 6th Avenue, Suite 100; Denver CO 802015.
- ❻ For any additional questions or comments – website: www.denverboyscouts.org/camps or email: camping@denverboyscouts.org.

Group or Unit # _____ District _____ Group Size _____

Leader's Name _____

Scout's Name _____ Birth Date _____

Address _____ City/State/Zip _____

Phone (Day Time) _____ (Evening Time) _____

Email: _____

Available Dates (Please circle your choice)

August 2-4
August 16-18

August 23-25
September 6-8

September 13-15
September 27-29

Health History

All BSA members, including non-members attending with them, must also provide a copy of the BSA Annual Health and Medical Record #34605 with registration.

Health/Accident Insurance Co. _____ Policy # _____

Have (✓ if yes):

() Asthma () Fainting () Diabetes () Heart trouble
() Bleeding () Convulsions () Allergies (medication, food, insect toxin)

Difficulty with (✓ if yes):

() Digestion () Lungs () Eyes, Ears, Throat

Current conditions requiring medication/other special care. Name of medication. _____

Restrictions of activity for medical reason? Explain _____

Parent Authorization (Youth under age 18)

This health history is correct as far as I know, and the person herein described has permission to engage in all prescribed activities, except as noted by me. In the event I cannot be reached in an emergency, I give my permission to the physician, selected by the adult leader in charge, to hospitalize, secure proper anesthesia, or to order injection.

Signature _____ Date _____

Home Telephone _____ Work Telephone _____

Authorization (Adult Participation)

This health history is correct as far as I know. In the event of an emergency, I hereby give permission to the physician, selected by the adult leader in charge, to hospitalize, secure proper anesthesia, or order injection for myself if I am unable.

Signature _____ Date _____

Home Telephone _____ Work Telephone _____

I do not grant my permission to use any photographs taken while participating in COPE activities. Participant's initials: _____



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T H E C H A L L E N G E

Welcome!

To Project COPE - The Challenge at Camp Tahosa, Denver Area Council's Challenging Outdoor Personal Experience -- Tahosa Challenge for short. This letter will introduce you to an exciting program that will fit your schedule and meet your budget.

Tahosa Challenge is part of the National COPE program that encourages youth and adults to expand mental creativity, increase physical abilities, promote leadership skills and instill personal confidence. As a participant you will take the lead in solving "people puzzles" while you swing, jump, climb, lift, balance, rappel and belay yourself and your team through a series of activities of increasing difficulty. By the end of the weekend, you will be amazed at how well you overcame any fear and will approach challenges with the confidence that you can do anything.

Project COPE is geared for the teenager through adults who are ready in size and self-discipline to undergo the rigors of the course. The Challenge is located at the Denver Area Council's high adventure training base, Camp Tahosa, at the foot of the Indian Peaks Wilderness Area. Approximately 20 miles west of Boulder, Colorado, the camp's 300 acres of woodland sits at 9,000 feet in elevation. With comfortable sleeping arrangements, hearty meals prepared by the Challenge staff, and a weekend filled with fun, what more could you ask for?

Requirement:

Scouts must be First Class rank or above and 13 years old by June 1, 2019. Youth participants will be turned away at check-in if they do not meet the minimum age - **NO EXCEPTIONS!** This is a National Boy Scouts of America policy.

Overview for typical three day program:

Friday Night: (Eat before arrival)

- 6:45 p.m. - Arrival and check in, receive cabin assignments
- 7:15 p.m. - Program begins in Tahosa Dining Hall
- 9:00 p.m. - Light snack served
- 10:00 p.m. - Lights out

Saturday:

- 7:30 a.m. - Breakfast served in Tahosa Dining Hall
- 8:30 a.m. - Begin program (low course)
- 12:30 p.m. - Lunch
- 1:00 p.m. - Continue program
- 4:00 p.m. - Free time at base camp (shower available, fishing allowed)
- 6:00 p.m. - Dinner served in Tahosa Dining Hall
- 7:00 p.m. - Evening program (with light snack served around 9:00 p.m.)
- 10:00 p.m. - Lights out

Sunday:

- 7:00 a.m. - Breakfast served in Tahosa Dining Hall
- 7:45 a.m. - Chapel Service
- 8:00 a.m. - Begin program (high course)
- 9:00 a.m. - High course events
- 12:30 p.m. - Lunch
- 1:00 p.m. - Continue program
- 3:00 p.m. - Return to Dining Hall for evaluations and graduation!
- 3:30 p.m. - Check out and Trading Post available. Thanks for the great weekend!!!

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Weekend Fee:

- ◆ \$90 per Scout or leader.
- ◆ Reserve your weekend with non-refundable deposit of \$40 per Scout or leader. Balance will be due 30 days prior to your weekend.
- ◆ Scholarships are available through the Denver Area Council.
- ◆ Price includes: meals (Saturday breakfast - Sunday lunch) and snacks, lodging, equipment, all activities, souvenir water bottle, patch and certificate.
- ◆ **Balance of fees due no later than 30 days prior to your session.**



Required Gear:

Optional Gear:

Sleeping bag
2 pair of sturdy shoes, boots or high-top sneakers*
Rain Gear
Personal kit (deodorant, soap, towel, etc.)
Flashlight
Water bottle
Backpack or day pack
Jacket/sweater
2 pair of long pants*
4 pair of long socks
1 long sleeved shirt, 1-2 short-sleeved shirts
Open mind and smiles

Sunscreen
Sunglasses
Fishing gear (shore fishing only)
Hat
Insect repellent

Do Not Bring:

Knife
Radio
Wristwatch
Open-toed shoes or sandals
Personal climbing gear or equipment

- * Wet conditions are always a possibility so footgear is very important. Dry footwear should be available after being on the course all day. Please plan ahead. Long pants and long-sleeved shirts are required on the high course (Sunday).

Accreditation:

Project COPE - The Challenge at Tahosa is under the supervision of a nationally certified COPE Director. The director has full authority on the operation of the events and full responsibility for all staff and participant safety. Safety is the first priority. For this reason, only registered participants and certified staff are allowed on the course. Horseplay, inappropriate joking and negative remarks are not part of the COPE spirit. COPE staff has the authority to remove individuals who are endangering other participants.

Summary:

An atmosphere that is fun, supportive and challenging, characterizes project COPE - The Challenge at Camp Tahosa. It provides an opportunity for every participant to achieve success as an individual and as a member of a team. The activities have been created to present both physical and mental challenges that encourage older Boy Scouts to move beyond what they think they can do, and to work with others to solve dilemmas. They will carry the lessons of COPE off the course with them in the form of increased self-confidence and renewed creativity.

We invite you to experience a weekend full of adventure at Camp Tahosa!

